



**ASSEMBLY INSTRUCTIONS**

The SwingTech Consist of 6 different components. Follow Steps 1 through 5 as shown in the diagram on the right.

**Steps 1 – 2 – 3**

Keep the Suction Cup face down and attach the Extension Rods Tighten all joints with the two 3/8” wrenches (supplied).

**Steps 4 and 5**

Rest the Suction Cup gently on the ground. Fully insert the Counter-Weight into the notched end of the L-Connector by aligning the flat surfaces of the rod and the notch.

**ATTACHMENTS**

**Suction Cup Plate** – Screw the plate with 4 screws to a stationary service at shoulder level. Wet the Cup and press it to the plate.

**Tree Attachment** – Remove the Cup from the rod. Open the flap and pass the suction cup through the center and secure the flap with the Velcro. Replace the Cup on the rod. Wrap the straps around a tree and snap the buckles together. Pull the loose ends of the strap to take up the slack and secure the Swingtech firmly.

**“CAUTION”**

Swingtech is not recommended for use on any window or glass surface. Use only in an area clear of other persons, property or pets, otherwise damage or injury may occur when in use.

**SET-UP INSTRUCTIONS**

**Drawing 1:** Stand erect and secure an attachment at shoulder level. Make a T with the simulated club with the top of the T parallel to the ground.

**Drawing 2:** The T should be in line with the toe Line. The attachment should be in the center of stance at setup

**OPTIONAL ATTACHMENTS**

**Post Attachment** – Remove the white pen and screw the attachment in a post at shoulder level. Remove the suction cup from the rod and place the U-Joint in the attachment and secure it with the pen.

**Door Attachment** – Place the attachment on the inside of the door (the hinge side) at shoulder level. Close the door on the attachment and make sure the door is latched. Remove the white pen. Insert the U-Joint and secure it with the pen.